

My Expectations for Marriage

What specific expectations, hopes or wishes do you have for your marriage? This exercise will help you discuss them with your spouse.

1. Write at least 10 expectations you have of your spouse. They can be simple or elaborate. The more specific the better. For example, you might say:

- *I want you to greet me with a kiss when I come home.*
- *Go to my parent's home with me at least once a month.*
- *Make dinner 4 times a week.*
- *Have sex at least 2 times a week.*

2. Then share the list with your spouse and your spouse shares if that expectation would be: E – Easy; W – Work; or N – No Way. And your spouse explains why.

	Specific Expectation	E	W	N
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